NACA’s Operations Plan for COVID-19
July 20, 2020

Native Americans for Community Action, Inc. (NACA) continues to see clients through telehealth and phone conferences who are seeking care for health and behavior related conditions. However, NACA is implementing some necessary operational changes in response to COVID-19 to protect the health of our clients and staff, as outlined below:

**Family Health Center**  We are asking all clients to refrain from coming into the NACA Family Health Center without first calling in advance, (928) 773-1245. Currently, we are only scheduling health care appointments that can be accomplished using telehealth means and/or telephone calls. All “well” visits are being scheduled out to August. NACA is using telehealth for prescription refills and follow-up visits that can be accomplished using video conferencing.

**Behavioral Health**  All Behavioral Health client visits are also being conducted through telehealth and phone conferences through the month of July. Behavioral Health Group Sessions continue to be offered using a secure Zoom platform. In order to participate, clients must have access to the internet, a computer and a valid email account.

**Wellness Center**  The NACA Wellness Center is closed for the month of July. Currently, NACA staff have developed virtual workouts and exercise programs through the Zoom platform as well as posted links to NACA endorsed exercise videos. If you are interested in receiving the exercise programs, please forward your request along with your email address to mdreifuss@nacainc.org or jmockta@nacainc.org.

**Overlook Artisan Market**  The NACA Overlook Outdoor Artisan Market is open with special restrictions. The Overlook is open daily from 8:30 - 4:30, a limited number of vendors participate each day while exercising safe precautions and face coverings. For more information on the Overlook program please contact the NACA Main office, 928-526-2968.

**NACA Main Office**  As of July 6, the NACA Main Office has been closed as a functional measure due to the majority of the staff telecommuting from home. If you call the NACA Main office number at (928) 526-2968 during the closure, you will still reach a receptionist who can answer your questions, phone calls have been forwarded to the Family Health Center.

**Contacting NACA**
If you have any questions regarding NACA services during the COVID-19 outbreak situation, please email outreach@nacainc.org, or call (928) 773-1245. The NACA Family Health Center will maintain its normal operating hours during this critical period from 8:00 a.m. to 5:00 p.m., Monday thru Friday.
We encourage everyone to follow guidance from public health experts to lessen the impact of COVID-19. Please stay at home and limit trips for essential items, isolate yourselves from others if you start feeling sick, keep a safe distance of 6 feet from others (social distancing), and practice healthy personal hygiene by washing your hands frequently and sneezing/coughing into your elbow or a tissue. Together, we will get through this challenging time stronger than we were before.

Please wear a mask when in Public and please Stay Healthy.

Jeff Axtell
Jeff Axtell, CEO
NACA