NACA’s Operations Plan for COVID-19
August 17, 2020

Native Americans for Community Action, Inc. (NACA) is dedicated to both our clients and our staff. We are conducting safe practices with our staff by having those who can work from home continue to do so in order to prevent the spread of Covid among our team members. The NACA staff are dedicated towards continuing their primary program objectives and the delivery of essential services for our community members. The NACA Operational changes are listed below:

**Family Health Center** We are asking all clients to refrain from coming into the NACA Family Health Center without first calling in advance, (928) 773-1245. The Family Health Center will be scheduling in-person visits on certain days for essential medical services and will continue to offer appointments through telehealth (Zoom) and phone calls. We are screening all patients who arrive for in-person appointment for Covid symptoms, (temperature). NACA is using telehealth for prescription refills and follow-up visits that can be accomplished using video conferencing.

**Behavioral Health** Behavioral Health client visits are being conducted through telehealth and in-person as determined by the individual providers. Behavioral Health Virtual Group Sessions such as DUI classes, substance abuse classes and Talking Circle are offered using a secure Zoom platform. In order to participate, clients must have access to the internet, a computer and a valid email account.

**Community Development** NACA’s Community Development and Behavioral Health Departments are conducting a weekly virtual Talking Circle, on Mondays from 5:30-6:30 PM MST. The Talking Circle is open to anyone who wants/needs to connect with others during these stressful times. The Talking Circle will be hosted and managed by NACA’s Social Support Coordinator, and a Community Elder, resources may be available dependent on the need. Participants must abide by confidentiality standards to participate. Join Zoom Meeting: https://bit.ly/3f99L9R

**Wellness Center** The NACA Wellness Center is opening back up slowly for the remainder of the month of August, the Wellness Center staff are seeing clients on an appointment basis, please contact the Fitness Specialist to schedule an appointment, mdreifuss@nacainc.org or jmockta@nacainc.org. Many of their workout sessions can be found on You Tube “NACA Wellness Center”. If you are interested in receiving the exercise programs, please forward your request along with your email address.

**Overlook Artisan Market** The NACA Overlook Outdoor Artisan Market is open with special restrictions. The Overlook is open daily from 8:30 - 4:30, a limited number of vendors participate each day while exercising safe precautions and face coverings. For more information on the Overlook program please visit the website at [http://www.nacainc.org/oak-creek-overlook.html](http://www.nacainc.org/oak-creek-overlook.html) or contact the NACA Main office, 928-526-2968.
**NACA Main Office** As of August 17th, the NACA Main Office remains closed to the public as a functional measure due to the majority of the staff telecommuting from home. If you call the NACA Main office number at (928) 526-2968 during the closure, you will still reach a receptionist who can answer your questions, phone calls have been forwarded to the Family Health Center.

**Social Support Coordinator** Lucinda Yazzie is available to assist NACA clients with supportive services as they are related to Covid-19. Lucinda is working with community agencies and NACA resources to provide individuals with support towards their needs, various levels of assistance. To refer a client or to find out more information please email Lucinda at 928-526-2968 ext. #122 or lyazzie@nacainc.org.

**Contacting NACA**

If you have any questions regarding NACA services during the COVID-19 outbreak situation, please email outreach@nacainc.org, or call (928) 773-1245. The NACA Family Health Center will maintain its normal operating hours during this critical period from 8:00 a.m. to 5:00 p.m., Monday thru Friday.

We encourage everyone to follow the guidance from public health experts to lessen the impact of COVID-19. Please wear a mask when out in public, stay at home and limit trips for essential items, isolate yourselves from others if you start feeling sick, keep a safe distance of 6 feet from others (social distancing), and practice healthy personal hygiene by washing your hands frequently. Together, we will get through this challenging time stronger than we were before.

Please wear a mask when in Public and please Stay Healthy.

**Jeff Axtell**

Jeff Axtell, CEO  
NACA